



OHS Newsletter

Volume 01/2016

Occupational Health and Safety Department



“NO JOB is so important and no service is so urgent that we cannot take time to perform our work SAFELY”

-Author Unknown

OHS KPI

January to March 2016

No.	Target	Actual
1	Total Recordable Injury Rate (TRIR) of the year not more than 0.30	0.00
2	Days Away From Work, days of restricted work activity or job transfer rate (DART) of the year not more than 0.2	0.00
3	Number of day of Day Away From Work (DAFW) must be zero of the year	0

Health TIPS

SUMMER DISEASES AND HOW TO AVOID THEM

STOMACH AILMENTS

AVOID IT! : Be cautious on picking food to eat as everything easily spoils during hot weather.



SKIN DISEASES

AVOID IT! : Take a shower before and after taking a plunge. Remember that skin diseases abound when one swims in dirty water or contaminated public swimming pools.



SUN BURN

AVOID IT! : Avoid the sun between 10 am and 2 pm. Use sunscreen at least 30 minutes before going outdoors.

HEAT STROKE

AVOID IT! : Keep hydrated by drinking 8 to 12 glasses of water a day. And remember not to stay under the sun too long.



Reference: www.brighterlife.com.ph

Are you ready for SUMMER ?



Electrolyte beverage was provided for dehydrated worker by nurse in first aid room Banchang head office, Rayong.



Fresh and clean drinking water and single use only paper cup was provided for all workers in PTT LNG job site, Rayong.

RO drinking water was provided by automatic machine and single use only paper cup in fabrication shop Banchang head office, Rayong.



Electrolyte beverage was provided for dehydrated worker in PTT LNG job site, Rayong.

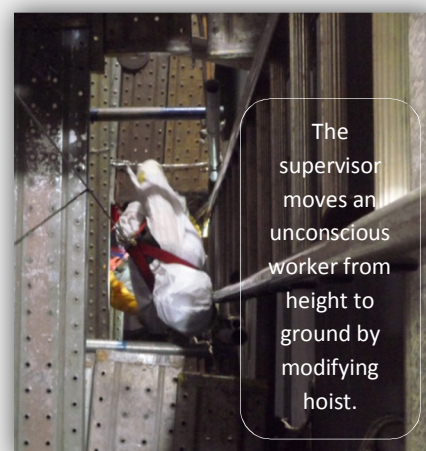


Highlight Safety Activity

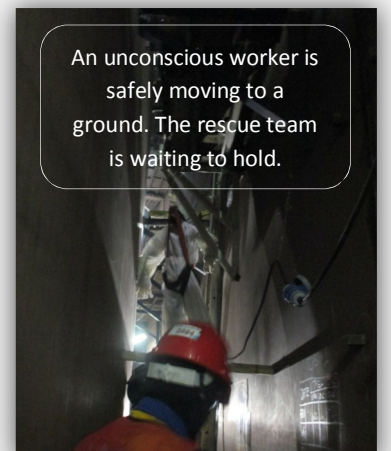
@PTT LNG Job Site



The supervisor found a worker got unconscious.



The supervisor moves an unconscious worker from height to ground by modifying hoist.

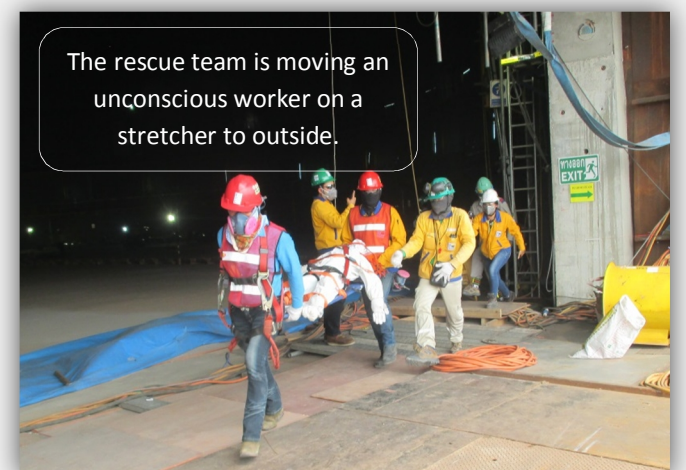


An unconscious worker is safely moving to a ground. The rescue team is waiting to hold.

Emergency Drill In case of Evacuation From Height in Confined Space



The rescue team is putting an unconscious worker on a stretcher and preparing to move outside.



The rescue team is moving an unconscious worker on a stretcher to outside.



The rescue team is moving an unconscious worker on a stretcher in an ambulance urgently transfer to hospital.

TREL safety staff is reporting an updated situation to project owner and concerned parties.





Highlight Safety Activity

@ Banchang Head Office, Rayong Thailand

Announcements

Year 2016-2018 Safety and Occupational Health Committee



The Committee shall have the duties as follows:

- (1) To consider the policy and work plan on occupational safety and out-of-work safety to prevent and reduce accidents, dangers, sickness, or annoyance resulting from work, for presenting to the employer.
- (2) To report and give recommendations to the employer the measures or means of improvement and correction of mistakes complying with the law on occupational safety and standards of occupational safety of the employees, contractors, and outsiders who are entering the workplace for working or for receiving services.
- (3) To support and contribute occupational safety activities of the workplace.
- (4) To consider the regulation and guidance as stated in Clause 3 including the standards on occupational safety of the workplace for presenting to the employer.
- (5) To survey, at least once a month, the operational performance of occupational safety and examine the statistics of dangers occurred in the workplace.
- (6) To consider the project or training plan on occupational safety, including the project or training plan on roles and responsibilities for safety of the employees, supervisors, executives, employer, and staffs in every level, in order to give suggestions to the employer.
- (7) To systemize the reporting on unsafe working conditions to be a duty complied by all employees.
- (8) To follow up the reports presented to the employer.
- (9) To make an annual report on the operational performance, including specifying problems, obstacles, and suggestions on the operation of the committee when completing one year period of service to present to the employer.
- (10) To assess the operational performance of occupational safety of the workplace.
- (11) To conduct other occupational safety activities as assigned by the employer.



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|---------------------|-------------------------------------|
| 1. Mr.Udomdech Ch. | Chairman |
| นายอุดมเดช ช. | ประธาน |
| 2. Mr.Suppasit S. | Committee (Employer Representative) |
| นายศุภสิทธิ์ ส. | กรรมการ (ฝ่ายนายจ้าง) |
| 3. Mr.Ekkachai S. | Committee (Employer Representative) |
| นายเอกชัย ส. | กรรมการ (ฝ่ายนายจ้าง) |
| 4. Mr.Insong Ch. | Committee (Employer Representative) |
| นายอินสง ช. | กรรมการ (ฝ่ายนายจ้าง) |
| 5. Mr.Deang P. | Committee (Employer Representative) |
| นายแดง พ. | กรรมการ (ฝ่ายนายจ้าง) |
| 6. Mr.Damnern K. | Committee (Employer Representative) |
| นายดำเนิน ค. | กรรมการ (ฝ่ายนายจ้าง) |
| 7. Mr.Tantikom S. | Committee (Employee Representative) |
| นายตันติกร ส. | กรรมการ (ฝ่ายลูกจ้าง) |
| 8. Mr.Prayun S. | Committee (Employee Representative) |
| นายประยุณ ส. | กรรมการ (ฝ่ายลูกจ้าง) |
| 9. Mr.Sarun D. | Committee (Employee Representative) |
| นายสรณ์ย์ ด. | กรรมการ (ฝ่ายลูกจ้าง) |
| 10. Miss.Nusara P. | Committee (Employee Representative) |
| น.ส.นุสรพา พ. | กรรมการ (ฝ่ายลูกจ้าง) |
| 11. Mrs.Maneewun M. | Committee (Employee Representative) |
| นางมณีวรรณ ม. | กรรมการ (ฝ่ายลูกจ้าง) |
| 12. Mr.Parinya P. | Committee (Employee Representative) |
| นายปริญญา พ. | กรรมการ (ฝ่ายลูกจ้าง) |
| 13. Miss Wassana W. | Secretary and Committee |
| น.ส.วาสนา ว. | เลขานุการและกรรมการ |



2016 Workshop Safety Awareness Program

Working Environment Measurement Lighting in Workplace Year 2016



Safety staff is measuring a lighting quantity in the engineering department building.



Safety staff is measuring a lighting quantity in the main office building.



Safety staff is measuring a lighting quantity in the fabrication department building.



Daily safety meeting activity was arranged on every Monday by OHS team.

Daily exercise activity was arranged on every morning by OHS team.

Good Job!



Daily safety audit activity was arranged on every day by lead man, foreman, supervisor and OHS team.